



(Video Length – 1:49)

Video Transcript

### **Importance of a PCP**

When it comes to your health journey, it feels good to know you've got support every step of the way.

*ON-SCREEN TEXT: [Primary care provider (PCP)]*

That's where your primary care provider, or PCP, comes in.

*ON-SCREEN TEXT: [What's a PCP?]*

A PCP is the doctor who knows you best — who understands your health history and health goals.

They're who you turn to first — for everything from routine care to prescriptions and more.

*ON-SCREEN TEXT: [Preventive care*

- *Checkups*
- *Well-child visits*
- *Screenings*
- *Immunizations]*

PCPs also provide you with preventive care, such as well child visits, annual checkups, mammogram screenings and immunizations.

*ON-SCREEN TEXT: [Virtual visits for primary care]*

And, since most PCPs offer virtual visits for primary care, you can choose to see them in person or from home.

*ON-SCREEN TEXT: [Choose a PCP]*

So, whether or not your plan requires you to have a PCP, it's a good idea to choose one.

*ON-SCREEN TEXT: [Choose a network PCP]*

And a tip? Be sure to choose a PCP who's in your network

*ON-SCREEN TEXT: [Out-of-network*

*Network]*

because staying in network can help save you money.

*ON-SCREEN TEXT: [\$0 additional cost]*

For example, when you see a network provider for preventive care, you'll find that the visit's covered by most health plans at no additional cost.

*ON-SCREEN TEXT: [Finding a network PCP]*

Now that you know the benefits of having a network PCP, let's look at how to find the one that's right for you.

*ON-SCREEN TEXT: [uhc.com/providersearch]*

First, go to [uhc.com/providersearch](https://uhc.com/providersearch). Then, choose your health plan name and select Primary Care.

You'll be able to see which PCPs are in network, if they're accepting new patients, and what their patient ratings and average costs are.

*ON-SCREEN TEXT: [My PCP]*



If you already have a PCP and want to make sure they're in the network, no problem — all you have to do is search for them by name.

*ON-SCREEN TEXT: [care that helps meet your needs]*

Just remember, no matter where your health journey takes you, your PCP is there to support and connect you with the care that helps meet your needs.

*ON-SCREEN TEXT: [Already a member?*

*Sign in at [myuhc.com](https://myuhc.com)]*

*DISCLAIMERS: [Certain preventive care items and services, including immunizations, are provided as specified by applicable law, including the Patient Protection and Affordable Care Act (ACA), with no cost-sharing to you. These services may be based on your age and other health factors. Other routine services may be covered under your plan, and some plans may require copayments, coinsurance or deductibles for these benefits. Always review your benefit plan documents to determine your specific coverage details.*

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*EI21554593 7/21]*