



# Gold Plus Plan

Coverage Period: 01/01/2025-12/31/2025

Summary of Benefits and Coverage: What This Plan Covers & What it Costs

Coverage for: Individual/Family

Plan Type: PPO



The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage Call the Member Services number listed on the back of your ID card or visit us at [compassgroup.bswift.com](https://compassgroup.bswift.com). For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other [underlined](#) terms see the Glossary. You can view the Glossary at <https://www.cms.gov/CCIIO/Resources/Forms-Reports-and-Other-Resources/Downloads/uniform-glossary-final.pdf> or call Member Services to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <a href="#">deductible</a> ?	<b>\$1,500</b> person/ <b>\$3,000</b> family for in-network; <b>\$3,000</b> person/ <b>\$6,000</b> family for out-of-network. Doesn't apply to In-Network preventive care.	Generally, you must pay all of the costs from <a href="#">providers</a> up to the <a href="#">deductible</a> amount before this plan begins to pay. If you have other family members on the policy, the overall family <a href="#">deductible</a> must be met before the plan begins to pay.
Are there services covered before you meet your <a href="#">deductible</a> ?	Yes, the deductible is waived for <b>preventive care, screenings, and immunizations</b>	For example, this <a href="#">plan</a> covers certain <a href="#">preventive services</a> without <a href="#">cost-sharing</a> and before you meet your <a href="#">deductible</a> . See a list of covered <a href="#">preventive services</a> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a>
Are there other <a href="#">deductibles</a> for specific services?	No	You don't have to meet <a href="#">deductibles</a> for specific services.
What is the <a href="#">out-of-pocket limit</a> for this <a href="#">plan</a> ?	<b>\$6,000</b> person/ <b>\$12,000</b> family for in-network; <b>\$12,000</b> person/ <b>\$24,000</b> family for out-of-network; <b>\$1,500</b> person/ <b>\$3,000</b> family for prescription drugs.	The <a href="#">out-of-pocket limit</a> is the most you could pay in a year for covered services. If you have other family members in this <a href="#">plan</a> , the overall family <a href="#">out-of-pocket limit</a> must be met.
What is not included in the <a href="#">out-of-pocket limit</a> ?	<b>Premiums</b> (deductions), <a href="#">balanced-billed charges</a> , health care this <a href="#">plan</a> doesn't cover, and penalties for failure to obtain pre-certification for services. Prescription drugs have a separate <a href="#">out-of-pocket limit</a> . Lifestyle medications will not apply towards the prescription drug annual <a href="#">out-of-pocket maximum</a> .	Even though you pay these expenses, they don't count toward the <a href="#">out-of-pocket limit</a> .

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<p><b>Will you pay less if you use a <a href="#">network provider</a>?</b></p>	<p>Yes. Call the Member Services number listed on the back of your ID card or visit us at <a href="http://compassgroup.bswift.com">compassgroup.bswift.com</a> for a list of network providers</p>	<p>This <a href="#">plan</a> uses a <a href="#">provider network</a>. You will pay less if you use a provider in the <a href="#">plan's network</a>. You will pay the most if you use an <a href="#">out-of-network provider</a>, and you might receive a bill from a <a href="#">provider</a> for the difference between the provider's charge and what your <a href="#">plan</a> pays (<a href="#">balance billing</a>). Be aware your <a href="#">network provider</a> might use an <a href="#">out-of-network provider</a> for some services (such as lab work). Check with your <a href="#">provider</a> before you get services.</p>
<p><b>Do you need a <a href="#">referral</a> to see a <a href="#">specialist</a>?</b></p>	<p>No</p>	<p>You can see the <a href="#">specialist</a> you choose without a <a href="#">referral</a>.</p>

 All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care <a href="#">provider's</a> office or clinic	Primary care visit to treat an injury or illness	\$25 <b>copay</b>	40% <b>Co-insurance</b> , after deductible	None
	<a href="#">Specialist</a> visit	\$50 <b>copay</b>	40% <b>Co-insurance</b> , after deductible	None
	<a href="#">Preventive care/screening/immunization</a>	No Charge, deductible waived	40% <b>Co-insurance</b> , no deductible	Limits may apply
If you have a test	<a href="#">Diagnostic test</a> (x-ray, blood work)	No Charge / Office 20% <b>Co-insurance</b> , after deductible / Outpatient or Independent Facility	40% <b>Co-insurance</b> , after deductible	None
	Imaging (CT/PET scans, MRIs)	No Charge / Office 20% <b>Co-insurance</b> , after deductible / Outpatient or Independent Facility	40% <b>Co-insurance</b> , after deductible	Prior authorization required or services will not be covered.

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Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
<b>If you need drugs to treat your illness or condition</b> More information about <a href="#">prescription drug coverage</a> is available at <a href="http://www.caremark.com">www.caremark.com</a>	Generic drugs	\$12.50 <b>copay</b> (retail) \$25 <b>copay</b> (mail order)	Not Covered	Coverage is limited up to a 30 day supply (retail) and up to a 90 day supply (mail order). Members are required to fill maintenance medications through the Maintenance Choice program. Other limitations, including prior authorization, may apply.
	Preferred brand drugs	30% <b>Co-insurance</b> , min \$30, max \$50 out-of-pocket (retail) 30% <b>Co-insurance</b> , min \$75, max \$125 out-of-pocket (mail order)	Not Covered	Coverage is limited up to a 30 day supply (retail) and up to a 90 day supply (mail order). Additional costs to the member will apply when a generic is available, but the pharmacy dispenses the brand-name medication for any reason. Members are required to fill maintenance medications through the Maintenance Choice program. Other limitations, including prior authorization, may apply.
	Non-preferred brand drugs	30% <b>Co-insurance</b> , min \$50, max \$100 out-of-pocket (retail) 30% <b>Co-insurance</b> , min \$125, max \$250 out-of-pocket (mail order)	Not Covered	Coverage is limited up to a 30 day supply (retail) and up to a 90 day supply (mail order). Additional costs to the member will apply when a generic is available, but the pharmacy dispenses the brand-name medication for any reason. Members are required to fill maintenance medications through the Maintenance Choice program. Other limitations, including prior authorization, may apply.
	<a href="#">Specialty drugs</a>	30% <b>Co-insurance</b> , min \$75, max \$125 out-of-pocket	Not Covered	Coverage is limited up to a 30 day supply.  \$0.00 cost for eligible drugs if participating in the PrudentRx Copay Program.
<b>If you have outpatient</b>	Facility fee (e.g., ambulatory)	20% Co-insurance,	40% <b>Co-insurance</b> , after	None

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		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
<b>surgery</b>	surgery center)	after deductible	deductible	
	Physician/surgeon fees	20% Co-insurance, after deductible	40% <b>Co-insurance</b> , after deductible	None
<b>If you need immediate medical attention</b>	<a href="#">Emergency room care</a>	\$150 Copay and 20% <b>Co-insurance</b> , after deductible (Copay waived if admitted)	\$150 Copay and 20% <b>Co-insurance</b> , after deductible (Copay waived if admitted)	None
	<a href="#">Emergency medical transportation</a>	20% <b>Co-insurance</b> , after deductible	20% <b>Co-insurance</b> , after deductible	None
	<a href="#">Urgent care</a>	\$50 copay	40% <b>Co-insurance</b> , after deductible	None
<b>If you have a hospital stay</b>	Facility fee (e.g., hospital room)	20% <b>Co-insurance</b> , after deductible	40% <b>Co-insurance</b> , after deductible	Precertification is required
	Physician/surgeon fees	20% <b>Co-insurance</b> , after deductible	40% <b>Co-insurance</b> , after deductible	None
<b>If you need mental health, behavioral health, or substance abuse services</b>	Outpatient services	20% <b>Co-insurance</b> , after deductible for outpatient services \$25 copay / Office visit	40% <b>Co-insurance</b> , after deductible	Precertification may be required
	Inpatient services	20% <b>Co-insurance</b> , after deductible	40% <b>Co-insurance</b> , after deductible	Precertification is required
<b>If you are pregnant</b>	Office visits	\$25 copay for initial visit, then 20% <b>Co-insurance</b> , after	40% <b>Co-insurance</b> , after deductible	None

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		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
		<b>deductible</b> for all other visits		
	Childbirth/delivery professional services	20% <b>Co-insurance</b> , after <b>deductible</b>	40% <b>Co-insurance</b> , after <b>deductible</b>	None
	Childbirth/delivery facility services	20% <b>Co-insurance</b> , after <b>deductible</b>	40% <b>Co-insurance</b> , after <b>deductible</b>	None
<b>If you need help recovering or have other special health needs</b>	<a href="#">Home health care</a>	20% <b>Co-insurance</b> , after deductible	40% <b>Co-insurance</b> , after deductible	100 days per calendar year. Prior authorization is required or services will not be covered.
	<a href="#">Rehabilitation services</a>	20% <b>Co-insurance</b> , after deductible	40% <b>Co-insurance</b> , after deductible	Limits may apply
	<a href="#">Habilitation services</a>	20% <b>Co-insurance</b> , after deductible	40% <b>Co-insurance</b> , after deductible	Limits may apply
	<a href="#">Skilled nursing care</a>	20% <b>Co-insurance</b> , after deductible	40% <b>Co-insurance</b> , after deductible	120 days per calendar year. Precertification required
	<a href="#">Durable medical equipment</a>	20% <b>Co-insurance</b> , after deductible	40% <b>Co-insurance</b> , after deductible	Prior authorization may be required. Limits may apply
	<a href="#">Hospice services</a>	20% <b>Co-insurance</b> , after deductible	40% <b>Co-insurance</b> , after deductible	Limits may apply
<b>If your child needs dental or eye care</b>	Children's eye exam	Not Covered	Not Covered	Excluded
	Children's glasses	Not Covered	Not Covered	Excluded
	Children's dental check-up	Not Covered	Not Covered	Excluded

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## Excluded Services & Other Covered Services:

### Services Your **Plan** Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other **excluded services**.)

- |   |                                       |  |
|---|---------------------------------------|--|
| • Acupuncture   | • Cosmetic Surgery                    | • Non-emergency care when traveling outside the U.S. |
| • Artificial insemination   | • Dental check-up                     | • Private-duty nursing                               |
| • Benefits paid as a result of the injuries caused by another party may need to be repaid to the health plan or paid for by another party under certain circumstances | • Glasses or Routine eye care (adult) | • Reverse sterilization                              |
|   | • Infertility treatment               | • Weight Loss Programs                               |
|   | • Long-term care                      |  |

### Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your **plan** document.)

- |   |             |   |
|---|-------------|---|
| • Bariatric surgery – may be covered with limitations | • Orthotics | • Routine foot care – may be covered with limitations |
| • Hearing aids – may be covered with limitations      |             |   |

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is:

- For more information on your rights to continue coverage, contact bswift at [compassgroup.bswift.com](http://compassgroup.bswift.com) or 1-877-311-4747
- If your group health coverage is subject to ERISA, you may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <https://www.dol.gov/agencies/ebsa>

Other coverage options may be available to you, too, including buying individual insurance coverage through the [Health Insurance Marketplace](#). For more information about the [Marketplace](#), visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1-800-318- 2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your **plan** for a denial of a **claim**. This complaint is called a **grievance** or **appeal**. For more information about your rights, look at the explanation of benefits you will receive for that medical **claim**. Your **plan** documents also provide complete information on how to submit a **claim**, **appeal**, or a **grievance** for any reason to your **plan**. For more information about your rights, this notice, or assistance, contact: [insert applicable contact information from instructions].

### Does this plan provide Minimum Essential Coverage? Yes

**Minimum Essential Coverage** generally includes **plans**, **health insurance** available through the **Marketplace** or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of **Minimum Essential Coverage**, you may not be eligible for the **premium tax credit**.

### Does this plan meet the Minimum Value Standards? Yes

If your **plan** doesn't meet the **Minimum Value Standards**, you may be eligible for a **premium tax credit** to help you pay for a **plan** through the **Marketplace**.

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### Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-755-0790 (BCBS), 1-877-571-9862 (UHC), 866-238-1128 (Aetna).

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-755-0790 (BCBS), 1-877-571-9862 (UHC), 866-238-1128 (Aetna).

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-800-755-0790 (BCBS), 1-877-571-9862 (UHC), 866-238-1128 (Aetna).

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 1-800-755-0790 (BCBS), 1-877-571-9862 (UHC), 866-238-1128 (Aetna).

Pennsylvania Dutch (Deutsch): Fer Hilf griegie in Deutsch, ruf 1-800-755-0790 (BCBS), 1-877-571-9862 (UHC), 866-238-1128 (Aetna) uff.

Samoan (Gagana Samoa): Mo se fesoasoani i le Gagana Samoa, vala'au mai i le numera telefoni 1-800-755-0790 (BCBS), 1-877-571-9862 (UHC), 866-238-1128 (Aetna).

Carolinian (Kapasal Falawasch): ngere aukke ghut alillis reel kapasal Falawasch au fafaingi tilifon ye 1-800-755-0790 (BCBS), 1-877-571-9862 (UHC), 866-238-1128 (Aetna).

Chamorro (Chamoru): Para un ma ayuda gi finu Chamoru, a'gang 1-800-755-0790 (BCBS), 1-877-571-9862 (UHC), 866-238-1128 (Aetna).

*To see examples of how this [plan](#) might cover costs for a sample medical situation, see the next section.*

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About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

**Peg is Having a Baby**  
(9 months of in-network pre-natal care and a hospital delivery)

- The [plan's](#) overall [deductible](#) \$1,500
- [Specialist](#) [*cost sharing*] \$50
- Hospital (facility) [*cost sharing*] 20%
- Other [*cost sharing*] 20%

**This EXAMPLE event includes services like:**

Specialist office visits (*prenatal care*)  
 Childbirth/Delivery Professional Services  
 Childbirth/Delivery Facility Services  
 Diagnostic tests (*ultrasounds and blood work*)  
 Specialist visit (*anesthesia*)

<b>Total Example Cost</b>	<b>\$12,687</b>
---------------------------	-----------------

**In this example, Peg would pay:**

<i>Cost Sharing</i>	
Deductibles	\$1,500
Copayments	\$111
Coinsurance	\$1,620
<i>What isn't covered</i>	
Limits or exclusions	\$61
<b>The total Peg would pay is</b>	<b>\$3,292</b>

**Managing Joe's type 2 Diabetes**  
(a year of routine in-network care of a well-controlled condition)

- The [plan's](#) overall [deductible](#) \$1,500
- [Specialist](#) [*cost sharing*] \$50
- Hospital (facility) [*cost sharing*] 20%
- Other [*cost sharing*] 20%

**This EXAMPLE event includes services like:**

Primary care physician office visits (*including disease education*)  
 Diagnostic tests (*blood work*)  
 Prescription drugs  
 Durable medical equipment (*glucose meter*)

<b>Total Example Cost</b>	<b>\$5,601</b>
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**In this example, Joe would pay:**

<i>Cost Sharing</i>	
Deductibles	\$0
Copayments	\$842
Coinsurance	\$0
<i>What isn't covered</i>	
Limits or exclusions	\$22
<b>The total Joe would pay is</b>	<b>\$864</b>

**Mia's Simple Fracture**  
(in-network emergency room visit and follow up care)

- The [plan's](#) overall [deductible](#) \$1,500
- [Specialist](#) [*cost sharing*] \$50
- Hospital (facility) [*cost sharing*] 20%
- Other [*cost sharing*] 20%

**This EXAMPLE event includes services like:**

Emergency room care (*including medical supplies*)  
 Diagnostic test (*x-ray*)  
 Durable medical equipment (*crutches*)  
 Rehabilitation services (*physical therapy*)

<b>Total Example Cost</b>	<b>\$2,800</b>
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**In this example, Mia would pay:**

<i>Cost Sharing</i>	
Deductibles	\$1,500
Copayments	\$430
Coinsurance	\$57
<i>What isn't covered</i>	
Limits or exclusions	\$0
<b>The total Mia would pay is</b>	<b>\$1,987</b>