# UnitedHealthcare

Do you need a referral to

see a specialist?

No.

Catastrophic Plan

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share 44 the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-844-585-1273 or visit welcometouhc.com. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary/ or call 1-866-487-2365 to request a copy. Answers Why This Matters: **Important Questions** Generally, you must pay all of the costs from providers up to the deductible Network: \$5,000 Individual / \$10,000 What is the overall amount before this plan begins to pay. If you have other family members on Family Per calendar year. the policy, the overall family deductible must be met before the plan begins to deductible? pay. This plan covers some items and services even if you haven't yet met the annual deductible amount. But a copayment or coinsurance may apply. Are there services covered Yes. Preventive care is covered before you meet For example, this plan covers certain preventive services without cost-sharing before you meet your your deductible. deductible? and before you meet your deductible. See a list of covered services at www.healthcare.gov/coverage/preventive-care-benefits/. Are there other deductibles for specific You don't have to meet deductibles for specific services. No. services? The out-of-pocket limit is the most you could pay in a year for covered Network: \$7,500 Individual / \$15.000 What is the out-of-pocket services. If you have other family members in this plan, the overall family outlimit for this plan? Family Per calendar year. of-pocket limit must be met. Even though you pay these expenses, they don't count toward the out-of-What is not included in Premiums, balance-billing charges, and health care this plan doesn't cover. pocket limit. the out-of-pocket limit? You pay the least if you use a provider in the Designated Network. You pay more if you use a provider in the Network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the Yes. See myuhc.com or call 1-844-585-1273 for a list Will you pay less if you use difference between the provider's charge and what your plan pays (balance of network providers. a network provider? billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.

You can see the specialist you choose without a referral.



All **<u>copayment</u>** and **<u>coinsurance</u>** costs shown in this chart are after your **<u>deductible</u>** has been met, if a **<u>deductible</u>** applies.

	Services You May Need	What You Will Pay			
Common Medical Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Primary care visit to treat an injury or illness	Designated <u>Network</u> : \$40 Copay <u>Network</u> : \$60 Copay	Not Covered	Virtual visits (Telehealth) - 0% <u>coinsurance</u> by a Designated Virtual <u>Network Provider</u> .	
If you visit a health care <u>provider's</u> office or clinic	<u>Specialist</u> visit	Designated <u>Network</u> : \$60 Copay <u>Network</u> : \$80 Copay	Not Covered	None	
	<u>Preventive</u> <u>care/screening</u> / immunization	No Charge	Not Covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	Free Standing/Office: 10% <u>coinsurance</u> Hospital: 20% <u>coinsurance</u>	Not Covered	None	
	Imaging (CT/PET scans, MRIs)	Free Standing/Office: 10% <u>coinsurance</u> Hospital: 20% <u>coinsurance</u>	Not Covered	None	

Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Tier 1 – Your Lowest Cost Option	Retail: \$20 <u>copay</u> . Mail-Order: \$50 <u>copay</u> .	Not Covered	Provider means pharmacy for purposes of this section. Retail: Up to a 31 day supply. Mail-Order*: Up to a 90 day supply. *or Preferred 90 Day Retail Network Pharmacy You may need to obtain certain drugs, including certain <u>specialty</u>
If you need drugs to treat your illness or condition	Tier 2 – Your Mid-Range Cost Option	Retail: \$35 <u>copay</u> . Mail-Order: \$87.50 <u>copay</u>	Not Covered	<ul> <li><u>drugs</u>, from a pharmacy designated by us.</li> <li>Certain drugs may have a <u>preauthorization</u> requirement or may result in a higher cost.</li> <li>If you use an out-of-<u>network</u> pharmacy (including a mail order pharmacy), you may be responsible for any amount over the</li> </ul>
More information about <u>prescription drug</u> <u>coverage</u> is available at <u>welcometouhc.com</u>	Tier 3 – Your Mid-Range Cost Option	Retail: \$50 <u>copay</u> . Mail-Order: \$125 <u>copay</u> .	Not Covered	<ul> <li><u>allowed amount</u>.</li> <li>Certain preventive medications (including certain contraceptives) are covered at No Charge.</li> <li>See the website listed for information on drugs covered by your plan. Not all drugs are covered.</li> <li>You may be required to use a lower-cost drug(s) prior to</li> </ul>
	Tier 4 – Your Highest Cost Option	Not Applicable	Not Applicable	benefits under your policy being available for certain prescribed drugs. If a dispensed drug has a chemically equivalent drug at a lower tier, the cost difference between drugs in addition to any applicable <u>copay</u> and/or <u>coinsurance</u> may be applied. Prescription drug costs are subject to the annual <u>deductible</u> .
lf you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	Ambulatory Surgical Center/Office: 10% <u>coinsurance</u> Hospital: 20% <u>coinsurance</u>	Not Covered	None
	Physician/surgeon fees	Designated <u>Network</u> : 10% <u>coinsurance</u> <u>Network</u> : 20% <u>coinsurance</u>	Not Covered	None

\* For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>welcometouhc.com</u>.

	What You Will Pay					
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information		
	Emergency room care	20% <u>coinsurance</u>	*20% coinsurance	* <u>Network deductible</u> applies		
If you need immediate medical attention	Emergency medical transportation	20% coinsurance	*20% coinsurance	* <u>Network deductible</u> applies		
	Urgent care	\$75 Copay	Not Covered	None		
	Facility fee (e.g., hospital room)	20% coinsurance	Not Covered	None		
lf you have a hospital stay	Physician/surgeon fees	Designated <u>Network</u> : 10% <u>coinsurance</u> <u>Network</u> : 20% <u>coinsurance</u>	Not Covered	None		
If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$40 Copay	Not Covered	<u>Network</u> Partial hospitalization/intensive outpatient treatment: 10% <u>coinsurance</u> . See your policy or <u>plan</u> document for additional information about EAP benefits.		
	Inpatient services	20% coinsurance	Not Covered	See your policy or <u>plan</u> document for additional information about EAP benefits.		
	Office visits	\$40 Copay	Not Covered			
lf you are pregnant	Childbirth/delivery professional services	Designated <u>Network</u> : 10% <u>coinsurance</u> <u>Network</u> : 20% <u>coinsurance</u>	Not Covered	<u>Cost sharing</u> does not apply for <u>preventive services</u> . Depending on the type of service a <u>copayment</u> , <u>coinsurance</u> or <u>deductible</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.)		
	Childbirth/delivery facility services	20% coinsurance	Not Covered	None		

\* For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>welcometouhc.com</u>.

		What You Will Pay			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Home health care	20% coinsurance	Not Covered	None	
	Rehabilitation services	\$40 Copay	Not Covered	Limited to 60 visits per therapy, per calendar year.	
If you need help recovering or have other special health needs	Habilitative services	\$40 Copay	Not Covered	Services are provided under and limits are combined with <u>Rehabilitation Services</u> above.	
	Skilled nursing care	20% <u>coinsurance</u>	Not Covered	None	
	Durable medical equipment	20% coinsurance	Not Covered	Covers 1 per type of DME (including repair/replacement) every 3 years.	
	Hospice services	20% coinsurance	Not Covered	None	
If your child needs dental or eye care	Children's eye exam	\$40 Copay	Not Covered	Limited to 1 exam every 1 year.	
	Children's glasses	Not Covered	Not Covered	No coverage for Children's glasses.	
	Children's dental check- up	Not Covered	Not Covered	No coverage for Children's Dental check-up.	

**Excluded Services & Other Covered Services:** 

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)						
<ul><li>Cosmetic surgery</li><li>Dental care</li><li>Glasses</li></ul>	<ul> <li>Infertility treatment</li> <li>Long-term care</li> <li>Non-emergency care when travelling outside - the U.S.</li> </ul>	<ul> <li>Private duty nursing</li> <li>Routine foot care – Except as covered for Diabetes</li> <li>Weight loss programs</li> </ul>				
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)						
<ul> <li>Acupuncture – 10 visits per calendar year</li> <li>Bariatric surgery – 1 procedure per lifetime</li> </ul>	<ul><li>Chiropractic (Manipulative care)</li><li>Hearing aids</li></ul>	• Routine eye care (adult) - 1 exam per 1 year				

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <u>www.dol.gov/ebsa</u>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or <u>www.cciio.cms.gov</u>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <u>Marketplace</u>. For more information about the <u>Marketplace</u>, visit <u>www.HealthCare.gov</u> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: the Member Service number listed on the back of your ID card or <u>myuhc.com</u>.

Additionally, a consumer assistance program may help you file your appeal. Contact dol.gov/ebsa/healthreform.

#### Does this plan provide Minimum Essential Coverage? Yes

If you don't have <u>Minimum Essential Coverage</u> for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

#### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-844-585-1273. Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-844-585-1273.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-844-585-1273.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-844-585-1273.

———To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.—

\* For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>welcometouhc.com</u>.

### About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

<b>Peg is Having a Baby</b> (9 months of in- <u>network</u> pre-natal care hospital delivery)	e and a	<b>Managing Joe's type 2 Dial</b> (a year of routine in- <u>network</u> care o controlled condition)		Mia's Simple Fracture (in- <u>network</u> emergency room visit and follow up care)		
The plan's overall deductible\$5,000Primary Care copay\$40Hospital (facility)20%coinsurance10%Other coinsurance		Specialist copay \$60		<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist copay</u></li> <li>Hospital (facility) <u>coinsurance</u></li> <li>Other <u>coinsurance</u></li> </ul>	\$5,000 \$60 20% 10%	
This EXAMPLE event includes services like: Specialist office visits ( <i>prenatal care</i> ) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests ( <i>ultrasounds and blood work</i> ) Specialist visit ( <i>anesthesia</i> )		This EXAMPLE event includes services like: Primary care physician office visits ( <i>including disease education</i> ) Diagnostic tests ( <i>blood work</i> ) Prescription drugs Durable medical equipment ( <i>glucose meter</i> )		<b>This EXAMPLE event includes services like:</b> Emergency room care <i>(including medical supplies)</i> Diagnostic test <i>(x-ray)</i> Durable medical equipment <i>(crutches)</i> Rehabilitation services <i>(physical therapy)</i>		
Total Example Cost\$12,800		Total Example Cost	\$7,400	Total Example Cost	\$1,900	
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:		
Cost Sharing		Cost Sharing		Cost Sharing		
<u>Deductibles</u>	\$5,000	Deductibles \$5,000		Deductibles	\$5,000	
<u>Copayments</u>	\$40	Copayments \$1,200		<u>Copayments</u>	\$0	
Coinsurance	\$1,900	Coinsurance	\$50 <u>Coinsurance</u> \$40			
What isn't covered		What isn't covered		What isn't covered		
Limits or exclusions	Limits or exclusions \$60 Limits or exclusions \$30		\$30	Limits or exclusions	\$0	
The total Peg would pay is\$7,000The total Joe would pay is\$6,280		The total Mia would pay is \$1,900				

We do not treat members differently because of sex, age, race, color, disability or national origin.

If you think you were treated unfairly because of your sex, age, race, color, disability or national origin, you can send a complaint to the Civil Rights Coordinator.

Online: UHC Civil Rights@uhc.com

Mail: Civil Rights Coordinator. UnitedHealthcare Civil Rights Grievance. P.O. Box 30608 Salt Lake City, UTAH 84130

You must send the complaint within 60 days of when you found out about it. A decision will be sent to you within 30 days. If you disagree with the decision, you have 15 days to ask us to look at it again.

If you need help with your complaint, please call the toll-free number listed within this Summary of Benefits and Coverage (SBC), TTY 711, Monday through Friday, 8 a.m. to 8 p.m.

You can also file a complaint with the U.S. Dept. of Health and Human Services. **Online:** <u>https://ocrportal.hhs.gov/ocr/portal/lobby.jsf</u> Complaint forms are available at <u>http://www.hhs.gov/ocr/office/file/index.html</u>. **Phone:** Toll-free 1-800-368-1019, 800-537-7697 (TDD) **Mail:** U.S. Dept. of Health and Human Services. 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201

We provide free services to help you communicate with us. Such as, letters in other languages or large print. Or, you can ask for an interpreter. To ask for help, please call the number contained within this Summary of Benefits and Coverage (SBC), TTY 711, Monday through Friday, 8 a.m. to 8 p.m.

ATENCIÓN: Si habla español (Spanish), hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al número gratuito que aparece en este Resumen de Beneficios y Cobertura (Summary of Benefits and Coverage, SBC).

請注意:如果您說中文 (Chinese),我們免費為您提供語言協助服務。請撥打本福利和承保摘要(Summary of Benefits and Coverage, SBC)內所列的免付費電話號碼。

XIN LƯU Ý: Nếu quý vị nói tiếng Việt (Vietnamese), quý vị sẽ được cung cấp dịch vụ trợ giúp về ngôn ngữ miễn phí. Vui lòng gọi số điện thoại miễn phí ghi trong bản Tóm lược về quyền lợi và đài thọ bảo hiểm (Summary of Benefits and Coverage, SBC) này.

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PAUNA\VA: Kung nagsasalita ka ng Tagalog (Tagalog), may makukuha kang mga libreng serbisyo ng tulong sa wika. Pakitawagan ang toll-free na numerong nakalista sa Buod na ito ng Mga Benepisyo at Saklaw (Summary of Benefits and Coverageo SBC).

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ATANSYON: Si w pale **Kreyol ayisyen (Haitian Creole)**, ou kapab benefisye sevis ki gratis pou ede w nan lang pa w. Tanpri rele nimewo gratis ki nan Rezime avantaj ak pwotek syon sa a (Summary of Benefits and Coverage, SBC).

ATTENTION : Si vous parlez **franc; a is (F r e n c h)**, de s services d'aide linguistique vous soot proposes gratuitement. Veuillez appeler le numero sans frais figurant dans ce Sommaire des prestations et de la couverture (Summary of Benefits and Coverage, SBC).

U\VAGA: Jezeli m6,visz po **polsku (Polish)**, udost pnilismy darmowe uslugi tlumacza. Prosimy zadzwonic pod bezplatny numer podany w niniejszym Zes ta,vieniu s,viadczen i refunda cji (Summary of Benefits and Coverage, SBC).

ATEN<;AO: Se voce fala **portugues (Portuguese)**, contate o servic;o de assisten cia de idiomas gratuito. Ligue para o numero gratuito listado neste Resumo de Beneficios e Cobertura (Summary of Benefits and Coverage - SBC).

ATTENZIONE: in caso la lingua parlata sia l'italiano (Italian), sono disponibili servizi di assistenza linguistica gratuiti. Chiamate ii numero verde indicato all'intemo di questo Sommario dei Benefit e della Copertura (Summary of Benefits and Coverage, SBC).

ACHTUNG: Falls Sie **Deutsch (German)** sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfugung. Bitterufen Sie die in dieser Zusammenfassung der Leistungen und Kostenubemahmen (Summary of Benefits and Coverage, SBC) angegebene gebuhrenfreie Rufnummer an.

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PAKD AAR : Nu saritaem ti Ilocano (Ilocano), ti serbisyo para ti baddang ti lengguahe nga awanan bayadna, ket sidadaanpara kenyam. Maidawat nga awagan ti awan bayad na nu tawagan nga numero nga nakalista iti unegna daytoy nga Dagup dagiti Benipisyo ken Pannakasakup (Summary of Benefits and Coverage, SBC).

Dff BAA'A.K O NINIZIN **Dine (Navajo)** bizaad bee yanilti'go, saad bee aka'anida'awo'igii, t'aa jiik'eh, bee na'ah66t'i'. T'aa shqqdi Naaltsoos Bee 'Aa'ahayani d66 Bee 'Ak'e'asti' Bee Baa Hane'i (Summary of Benefits and Coverage, SBC) biyi' t'aa jiik'ehgo beesh bee hane'i bika'igii bee hodiilnih.

OGOW: Haddii aadku hadasho Soomaali (Somali), adeegyada taageerada luqadda, oo bilaash ah, ayaad heli kartaa. Fadlan wac lambarka bilaashka ah ee ku yaalla Soo-koobitaanka Dheefaha iyo Caymiska (Summary of Benefits and Coverage, SBC).